

# *J & W Providence Athletics*

265 Shipyard Street  
Providence, RI

*Directions:*

## **Harborside Recreation & Athletic Center**

**From Boston** Take I-93 to I-95 South into Rhode Island Take Exit 18 (Thurbers Ave.). At the end of the ramp, bear left, following the road to the traffic light; take a right onto Allens Ave. Follow Allens for 1.1 miles to the Shell gas station on the left. After the gas station take a left onto Harborside Boulevard; continue 3/10 of a mile to Shipyard Street. The entrance to the campus is 500 feet on the left. The gym is the large building on the right.

**From New Haven, New York and points south** Take I-95 North into Rhode Island. Take Exit 18 (Thurbers Avenue). At the exit ramp, bear right and follow the road to the traffic light. At the light, take a right onto Allens Avenue. Follow Allens Avenue for about a mile to the Shell gas station on the left. After the gas station take a left onto Harborside Boulevard; continue 3/10 of a mile to Shipyard Street. The entrance to the campus is 500 feet on the left. The gym is the large building on the right.