

# 2017 BASEBALL

## RIIL PITCHER AND CATCHER FORM

Please list below the designated (8) pitchers and (2) catchers that will participate in your pre-season throwing program beginning on Monday, March 13 and concluding on Friday, March 17. **Please complete form and fax to the RIIL Office (272-9838) no later than Monday, March 6, 2017.** Failure to submit this form on time will result in losing the privilege to participate in this program. Please keep in mind the following regulations:

- Freshmen are eligible to participate in this program.
- The intended throwing and conditioning program for that week must be approved by a certified trainer or medical doctor.
- Pitching and catching are the only activities permitted that week. The intent is to prepare pitchers/catchers for the spring season.

HIGH SCHOOL: \_\_\_\_\_

DATE SUBMITTED: \_\_\_\_\_

### PITCHERS

NAME	GRADE
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

### CATCHERS

NAME	GRADE
1.	
2.	

Date:

Certified Trainer: \_\_\_\_\_  
*Print Name* *Signature*

Date:

Head Coach: \_\_\_\_\_  
*Print Name* *Signature*

Date:

Athletic Director: \_\_\_\_\_  
*Print Name* *Signature*

Date:

Principal: \_\_\_\_\_  
*Print Name* *Signature*